# Anti-Racism in the Workplace Training for Managers



At TCA, we believe that race is a social construct that has real, considerable consequences on organizations and individuals. TCA will support your company in unpacking these consequences and operationalizing them to benefit your organization.

## Desired Outcomes:

- Understand the construction of race in America
- Define and articulate race, racism and anti-racism
- Name and combat racism in the workplace
- Manage a team with equity & inclusion in mind
- Lead teams through times of crisis

# Anti-Racism Part I (90 minutes):

### Introduction to Unconscious Bias

- The Brain & Behavior
- The SEEDS Model

### Emotional Intelligence

- Building Social Skills
- The Smile Challenge

# Anti-Racism Part III (90 minutes):



### Anti-Racism in the Workplace

- Myth Busters and Derailment Tactics
- TCA's Two-Pronged Approach



# Workplace Application

- Action Planning
- Team Management
- Sample Agendas and Communication Tools

# Anti-Racism Part II (90 minutes):



## **Understanding Racism**

- The Construction of Race
- The Cycle of Socialization
- Re-socializing Ourselves

# Taking Action

- Recognizing Racism
- Stopping Racism

# Notes:

- TCA requests no more than 50 people per session
  - TCA is able to offer multiple sessions for your company
  - Intellectual Property will be retained by TCA\*
- Trainings may not be recorded

\*TCA is able to build custom sessions. These sessions permit recording and will be left with your company for future use. Please reach out to discuss your needs.